



# MEET OUR VENDORS: OHM THERAPEUTICS

by Roberta Gazarolle

**Ohm Therapeutics** represents the clinical experience and works of Sound Healing pioneer Marjorie de Muynck (1952-2011), a multi-instrumentalist, composer and author of two textbooks about vibrational healing with tuning forks<sup>1</sup>. In addition, her musical works include four CDs in the key of Ohm™ – healing music that harmonizes with Ohm Tuning Forks, enhancing their effectiveness.

A practitioner of holistic healing modalities and a world-touring jazz musician and composer, de Muynck deeply understood the music-medicine connection. During a workshop on compassionate care for the terminally ill, she met Dr. Elizabeth Kübler-Ross, who strongly influenced de Muynck to combine her musical skills with her gifts as a healer. The Ohm Therapeutics system is the culmination of de Muynck's lifetime interest in music and the healing arts.

In the world of Sound Healing, there are many tuning forks available for body and soul healing. To learn more about what sets Ohm Therapeutics apart, and the beneficial use of tuning forks for the physical and energetic body, we interviewed Linda Marie Waller, de Muynck's business partner and publisher of her educational and musical works.

**Retailing Insight – Call you tell us a little more about Ohm Therapeutics and the mission behind your work?**

**Ohm Therapeutics** – Our mission is to provide high-quality tuning forks and easy-to-follow instructions for individuals and healthcare professionals to explore the healing power of sound. Our precision-calibrated tuning forks are manufactured in the United States and fully guaranteed to stay in tune.

I'd like to share the three main qualities that set Ohm Therapeutics apart. The first is our clear focus on a single tone – the therapeutic frequency of Ohm, and octaves of this fundamental. I'll come back to this shortly. Second, Ohm Therapeutics is a harmonious healing system in the true sense of the word. And third, each tuning fork package we offer provides easy to understand instructions and treatment applications for common ailments. Photos demonstrate how to hold, activate and apply a tuning fork. Treatment suggestions address, for example, low back pain, tension headache, and muscle strain. Energetic body treatments address balancing and

harmonizing the chakras, clearing unwanted resonance, working with crystals and space clearing.

In the past, tuning forks were most often paired with a velvet storage bag. Unless you already knew how to use a tuning fork, you were out of luck without instructions. Ohm Therapeutics began to commercially package tuning forks for retailers 15 years ago. Today, we have distribution throughout the United States, Canada, Australia and Europe. We offer a focused and harmonious healing system featuring Ohm, and easy-to-follow directions for selfcare and professional use.

Some of your readers might remember us as Lemniscate Music. Our first tuning fork packages were identified by our music publishing label. As we grew, the brand Ohm Therapeutics developed and now includes a full range of self-care and professional grade tuning fork packages, instructional manuals and DVDs on tuning fork application, and complementary Sound Healing music. It is exciting to see how mainstream tuning forks have become in the holistic marketplace over the last 15 years. Our first tuning fork package was introduced around 2003 – the Mid Ohm Kit. This Introductory Kit includes instructions plus an Activator.

The Activator also functions as a stand for keeping the tuning fork when not in use. I'd like to mention that we did quite a bit of research to find a material that was odorless and latex-free, while providing a good activation.



Our aim was to provide a ready-to-use tuning fork, with an eye to eco-friendly packaging. We explored alternatives to shrink wrap but, in the end, decided it was important for the customer to be able to see the tuning fork, to pick it up and feel it before purchasing. Our packaging allows for this in all but our latest boxed sets. We chose not to color or anodize the tuning forks, a very toxic process, for environmental reasons. In all other aspects our company is green.

The founder of Ohm Therapeutics, Marjorie de Muynck (pronounced de Monk) was a Master of Music and an Honorary Master of Science in Oriental Medicine. An educator, she understood that people wanted to learn how to use tuning forks, so she focused on therapeutic application, providing specific and easy to understand tuning fork treatments. It

was essential that Ohm Therapeutics provide individuals and professionals with tuning forks that had a clinical track record of safe and effective use. Many of the healing applications presented are based on acu-points and the energetic pathways of the body. Grounded in traditional Chinese medicine, and other integrative therapies, de Muynck was careful to include known contraindications when suggesting therapeutic applications. For example, in acupuncture and vibrational healing with tuning forks, there are placements to be avoided during pregnancy and for those with pacemakers.

**OHM FREQUENCY** – To better understand Ohm Therapeutics, one might ask, what is “Ohm” and why is this the frequency of choice? The fundament tone of Ohm is based on the earth’s rotation around the sun over the course of four seasons - a solar year. Intrinsic to Ohm are the cycles and seasons of our planet, the rhythms of day and night. To resonate with Ohm is to harmonize with the natural world that surrounds us.

De Muynck was researching the manifestation of this frequency in indigenous cultures at the time of her passing. She felt there was sufficient evidence to support the premise that Ohm was our collective musical and spiritual center.

Many recognize the iconic OM symbol as it has come to represent all things spiritual in contemporary Western culture. A deeper look at Ohm takes us on a journey, one that yoga practitioners and those who chant mantras and meditate well know. Ohm is thought to be the original sound of the Universe, from which all other sound emanates. This primordial vibration, with all its beautiful overtones, is the “music of our sphere” planet earth. One can easily see why it is a choice frequency to work with in the healing arts. What defines Ohm Therapeutics is our focus on the root tone of Ohm, the Ohm-Earth relationship, and the healing potency of the octave.

**RI – How about the beneficial use of Ohm tuning forks for the physical and energetic body? Can you tell us a little bit more?**

**OT** – The beauty of the tuning fork is its versatility and unique ability to direct vibration. Apply to muscle groups, trigger, reflex and acu-points, as well as to the chakras or energy centers of the body. Tuning forks effectively move stagnant energy and blockages, relieve tension, reduce inflammation and pain, and promote healing. Vibration activates the Qi, thereby awakening and nourishing the body’s vital energy.

Tuning forks with the weighted ends are designed for use on the physical body. The weights allow for a longer sustained vibration. Use to reduce swelling and promote healing of strained muscles, tendons and ligaments; relieve bone and joint pain; relax adrenals; relieve stress and alleviate blockages to equilibrate the whole body. The un-weighted tuning forks are for use in the subtle body and are effective tools for ceremonial or shamanic work. Use to open the energetic pathways; move stagnant energy and promote the flow of Qi. The high frequency tuning



forks (unweighted) effectively release and disperse unwanted resonance; balance and harmonize the chakras; and assist in meditation.

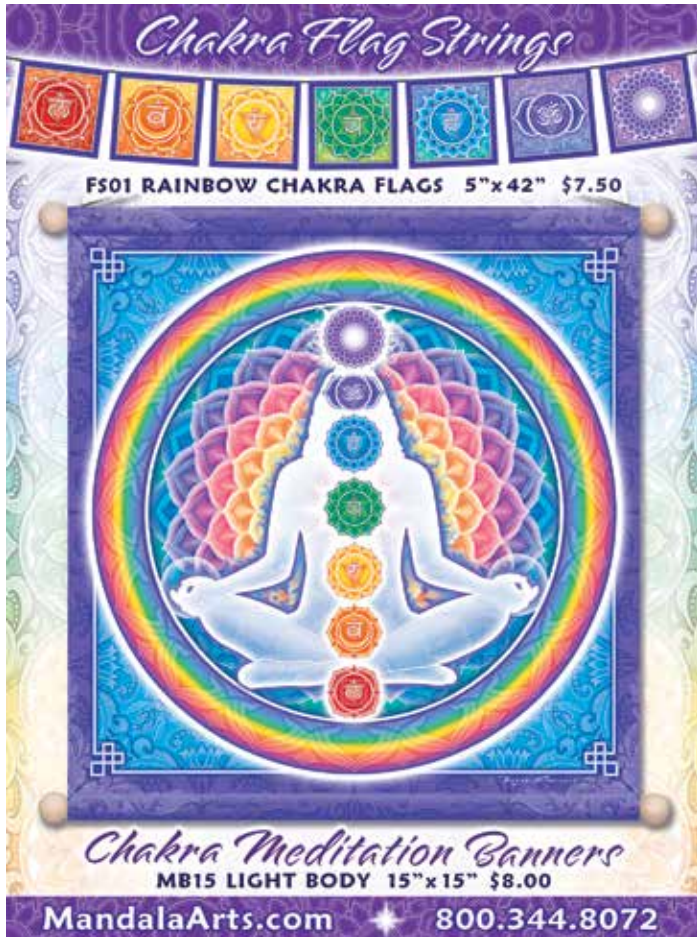
De Muynck describes Ohm as a “full-spectrum” frequency, one that contains all sound, just as white light contains all colors. Working with Ohm allows the body’s natural healing intelligence to take in the frequencies it needs from the source tone of Ohm. Adding octaves encourages movement, which in turn helps loosen and dispel stasis or blockages. Ohm Therapeutics features four octaves of Ohm, two for the physical body and two for the energetic body. Our best-selling Ohm Octave Package features the Mid and Low Ohm Tuning Fork plus Activator. Instructional packaging opens to 8-panels, loaded with color photos, illustration of lower back treatment, and covers all the basics of how to use, plus an overview of Sound Healing,

octaves and overtones.

In addition, we offer a unique approach to chakra balancing, one that requires fewer tuning forks. The Chakra Balancing boxed set, includes three high-frequency Ohm Tuning Forks (two octaves), plus the CD, *In the Key of Earth*, for a more expansive attunement. Here, the aim is not to treat each chakra individually, but rather to treat all the vital energy centers of the body holistically. By creating a balanced and harmonious environment, the body’s innate healing intelligence can take in the frequency it needs. The aim is to facilitate homeostasis and to empower the body to optimize its natural healing abilities. To create equilibrium within the body (think chakras, organs, etc.), and all its interdependent parts, is very beneficial for healing. De Muynck chose to work exclusively with Ohm and Luna Tuning Forks, representing the earth and its moon. The deeply spiritual and timeless qualities of the Ohm, with its intrinsic relationship to the earth, impart a familiar home tone for healing.

**RI – What common health conditions benefit from the use of Ohm Tuning Forks?**

**OT –** Because sound travels so well in the body, the benefits are often felt immediately, especially when working on cramping, sore or tight muscles. Use to relieve discomfort from repetitive



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stress injuries like Carpal Tunnel Syndrome and tennis elbow as well as symptoms from sinus and chest congestion due to colds and allergies. Applied vibration can help reduce inflammation, loosen phlegm and clear passageways. For those who clench, the tuning forks provide quick relief to tight jaw muscles and ease tension headaches.

Many integrative therapies, acupuncture, Ayurveda, Reiki, Shiatsu, and massage to name a few, can easily incorporate sound into their treatments. We are seeing an uptick in holistic veterinary clinics using tuning forks to assist in their treatments too!

**RI – Any tips or suggestions on how to live a healthy life in harmonic balance with planet earth?**

**OT –** Experiencing the elements through our senses—the warmth of the sun, the feel of the earth beneath our feet—is relaxing and energizing. It is the healing power of Nature.

We can freely access the vibratory presence of Ohm by using our voice (chanting, mantras) and through physical activity (yoga, tai chi), and meditation practices. Listening to music in the key of Ohm is an easy way to relax and resonate with the earth. Our latest CD, *Ohm - A World in Harmony*, features the Ohm drone. A drone is a sustained tone often featured in indigenous music. Think of a Shruti box, harmonium or didgeridoo. The organic

drones in each of de Muynck’s recordings are a blend of acoustic instruments and field recordings. No synthesized sounds. The elliptical and vibrational nature of *Ohm – A World in Harmony*, make this recording ideal for meditation and aligning with the natural world.

Anytime we resonate with the earth it connects us to a transcendent healing energy. It helps restore and stabilize our bioelectrical circuitry, benefiting the organs and overall physiology. Explore the many healing benefits of Ohm through music, sound and applied vibration. Harmonizing with the rhythms and cycles of our home planet empowers the whole body to heal. Sound Healing music and Ohm Therapeutics tuning forks are great self-care tools. Plus, they are fun to use, safe and interactive for the entire family.

Thank you, Linda, for sharing your story with us.

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We believe that every company has its own unique story to tell about their brand. Connections are all around! Stay tuned for another great *Meet Our Vendors*. To know more about *Ohm Therapeutics*, visit [www.soundhealingtools.com](http://www.soundhealingtools.com).

1 Medical Disclaimer: Information and products are provided for informational and educational purposes only and not for diagnosing or treating a health problem or disease. If you have or suspect you have a medical problem, promptly contact your physician or health care provider for professional advice.



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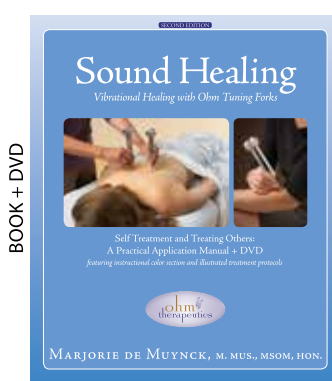
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**Ohm Therapeutics—A Trusted Brand**

Easy-to-follow instructions feature treatment protocol grounded in Traditional Chinese Medicine and other well-known Integrative Therapies. Ideal for self-care! ***There's No Place Like Ohm®***

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