

## RESONATE with the Earth for Health and Wellness™

**Quality Sound Healing Tools** 

soundhealingtools.com

WHEN IT COMES TO RESONATING WITH THE EARTH through the use of tuning forks, there are several schools of thought, and each highlights a specific source tone. Ohm Therapeutics features a tone that is based on the mathematical calculation of the Earth's yearly orbit around the Sun, and the spiritual traditions of the East. Considered primordial sound in Hindu cosmology, Ohm first appears in the Mandukya Upanishad. In today's global world, Ohm is universally recognized as a sacred symbol, sound and vibratory experience.

In contemporary sound healing applications, the Ohm tone, according to de Muynck (creator of Ohm Therapeutics), is effective in part because it is thoroughly ensconced in the seasons and cycles, rhythms and pulses of life itself.

In comparison, the Schumann Resonance is a relative newcomer. Its frequency range is based on the work of Winifried Otto Schumann (1877-1974), a German scientist whose research is applied in the evaluation of the effect of climate change and global warming.

Schumann resonances are global electromagnetic resonances, excited by lightning discharges in the cavity formed by the earth's surface and the ionosphere. The lowest frequency mode of the SR occurs at a frequency of approximately 7.8 hz.

The following **Table of Comparison** points out the differences between Ohm and the Schumann Resonance, another frequency often associated with Earth.

## TABLE OF COMPARISON

	OHM	SR	
Is this a scientifically measured Frequency?	yes	yes	
What is the hertz measurement?	136.1hz*	7.83 - 60 hz	
Is this measurement a constant?	yes	no	
Is there a cyclical, rhythmic or seasonal nature to this tone?	yes	no	
Is the measurement affected by human activity, e.g., electrical emissions and airborne pollution?	no	yes	
Is this measurement affected by atmospheric activity, e.g., lightning storms, sun spots and other solar activity?	no	yes	
Is there a spiritual, religious or philosophical basis for the determination of this frequency?	yes	no	
Is this frequency used as the fundamental tone in contemporary sound healing systems?	yes	yes	
*The Ohm frequency also exists in this lower range, a lower octave being 8.50 hz.			