2019-2020



## **PRODUCT CATALOG** *Quality Sound Healing Tools since 2003*

Wholesaler/Distributor Enquiries Welcome

# **Resonate with the Earth** for Health and Wellness<sup>™</sup>





**66** The body in its natural intelligence is able to assimilate Ohm, and all its beneficial overtones, and utilize these healing properties on a vibratory level.

Marjonie de Maugrack



**SOUND UNIVERSE, LLC** offers quality tools and instruction for individuals and healthcare professionals to explore the healing power of sound.

**OHM THERAPEUTICS** is a simple and effective method of applying tuning forks to the body to open energetic pathways and nourish Qi. Apply to muscle groups, trigger, reflex and acu-points to relax muscular tension, move stagnant energy and relieve pain. Use to balance and harmonize vital energy centers, and stimulate the body's natural healing abilities.

#### **USE TO:**

- Reduce swelling and inflammation
- Promote healing of strained muscles, tendons and ligaments
- Relieve bone and joint pain
- Alleviate blockages, dispel stasis, nourish Qi
- Attune and balance vital energy centers/Chakras



**Tune in to Ohm!** for a transformative healing experience

**CONTENTS** Introduction 2 Sound Healing Gifts 3 For the Physical Body 4 Practitioner Tools 6 For the Energetic Body 8 Chakra Balancing 9 Treatment Charts 10 Book + DVD 11 Sound Healing CDs 12 Yoga • Ayurveda • Spa 14 Acupuncture 15 Massage Therapy 16 Veterinary 17 Hikers and Sport Therapy 18 Contact 19 New Accounts 20 **Order Form** 

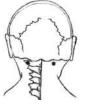
The beauty of the Ohm Tuning Fork is its versatility—it is non-invasive and lightweight, and each time you activate the tuning fork it rings anew with the vibration of Ohm. It is a totally 'live' experience.













### **An Introduction to Ohm Tuning Forks**



wo Mid Ohm Tuning Forks are considered the foundation tools in the Ohm Therapeutics Sound Healing system. Two Mid Ohms (Ohm Unison) enable the practitioner to work in a balanced manner, as well as providing the means for bilateral, distal and

double applications. In addition, two Low Ohms (Low Ohm Unison) are highly recommended for deeply rooted conditions. *The unison promotes balance.* 

Next, consider introducing the Ohm Octave to expand and deepen your treatment options. The Ohm Octave (136.1 + 68.05 hz) is recommended for loosening stuck or rigid energy while opening the energetic pathways or meridians of the body. The Low Ohm Octave (68.05 + 34 hz) is particularly



helpful in treating joint and bone pain. Each of these octaves combine the therapeutic attributes of the lower frequencies with

the cathartic movement created by the musical interval of the octave. *The octave promotes movement.* 

To direct disharmony and tension away from the body, use the high frequency Ohm Tuning Forks. The High Ohm Octave (272.2 + 544.4 hz) helps release and disperse tension and the energetic armoring that

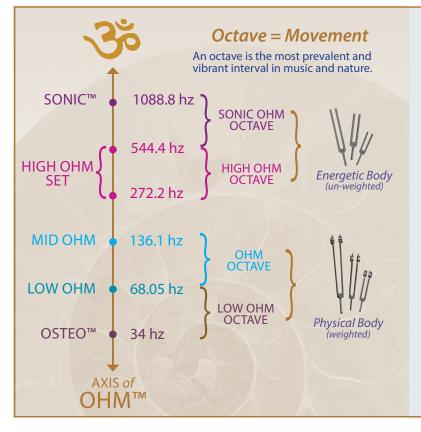


occurs when the body is affected by trauma or stress. The sound wave created by the High Ohm Octave is audibly soothing.

For particularly dense or chronic disturbances in the subtle body, finish with the Sonic Ohm Octave (544.4 hz + 1088.8 hz). When activated, these tuning forks create a very tight sound wave, which helps break through and disperse any unwanted resonance that may linger or persist after a treatment. Several finishing passes with this octave—in a sweeping movement—helps create a peaceful atmosphere and facilitates the transition from a deeply relaxed state to a more wakeful one. **The High Ohm and Sonic Ohm Octaves promote harmony and restore a sense of well-being.** 

### **Beneficial Use of Octaves**

In Sound Healing, the octave creates movement along the axis of the root tone—in this case, Ohm—providing latitude to move up and down with higher and lower octaves. The healing aspect of the octave exists in its affirming repetition, and in the movement it creates.



#### **GROUNDED IN ORIENTAL MEDICINE**

Experience the sound vibration of Ohm as it activates the natural current or Qi flowing through your body. At the center of your body's energetic matrix is the *Microcosmic Orbit* which travels along the mid line of the front and back of the body. The Microcosmic Orbit, shown to the right, is a concept in Traditional Chinese Medicine whereby the earthly and heavenly Qi intermix.

Ohm connects us to this vital life energy as it travels through the earth—into the heavens and back again—in a continuous eternal flow.

#### THE AXIS OF OHM™

The diagram on the left shows the range of Ohm Therapeutics Tuning Forks, along with their corresponding frequencies, positioned at intervals along the *Axis of Ohm*. The paired frequencies show the octaves in this healing system. Ohm Therapeutics features four octaves of Ohm, two for application to the physical body and two for the subtle body.

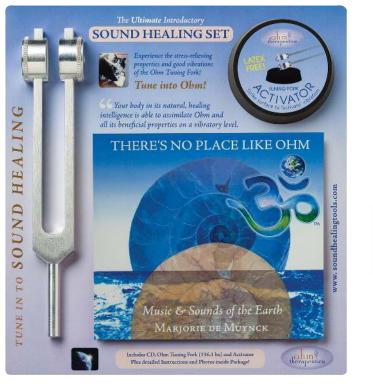
Microcosmic Orbit

## **Sound Healing Gifts**



Explore the good vibrations and healing properties of Ohm! Featuring retail-ready Sound Healing kits and sets for home care and professional use.

### Adults, children and pets love Ohm!





Self-empowerment and body awareness are vital wellness concepts for all ages.









#### THE INTRODUCTORY SOUND HEALING SET #CDTF \$69.95

UPC 855805 001000

Package includes Mid Ohm Tuning Fork (136.1 hz), latex-free Activator; Instructional booklet with photos and illustrations; Sound Healing CD. Music harmonizes with the Ohm Tuning Fork, enhancing its healing resonance.

Together, the music and tuning fork create a "stereo-effect." Feel the music and vibration of the tuning fork as they harmonize together!

### Experience the stress relieving properties of the Ohm Tuning Fork!

#### Package Features:

- An introduction to Sound Healing and the stress-relieving properties of Ohm.
- Easy instructions illustrate treatment applications suitable for the entire family.

#### Use to help calm anxiety in children:

- Tuning forks help increase body awareness and are positive tools to "strike" against a tuning fork activator; the vibrations produced are soothing, and especially calming when combined with ohm music.
- Set introduces the concept of vibration in combination with easy-to-follow recommendations for self-care.

#### Instructions Illustrate:

- How to hold and how to activate Ohm Tuning Fork.
- How vibration opens the body's energetic pathways to increase vitality and energy.
- Applications for relief of headache, congestion, cramping muscles, stress injuries and more!



### **For the Physical Body**

Instructional Manual, Video tutorials, and medical grade tuning forks provide a solid working foundation for professionals seeking to integrate vibrational healing into their practices.



#### SOUND HEALING FOUNDATIONS LEVEL I CLASS TOOLS BUNDLE

Instructional Manual, video tutorials and medical grade tuning forks provide a solid working foundation for professionals seeking to integrate Sound Healing into their practices.

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Applied vibration nourishes vital energy/Qi, helps to move stasis, reduces inflammation and relieves pain.

### There's No Place Like Ohm<sup>®</sup>

soundhealingtools.com © Sound Universe, LLC

LOW OHM

OHM

LOW



SET INCLUDES: • Mid Ohm Tuning Fork Set (136.1 hz each) • Low Ohm Tuning Fork (68.05 hz) • Practitioner Activator • Tuning Fork Activator • Instructional Manual + DVD • CD Vibrational Healing Music • CD Ohm—A World in Harmony (Ohm Drone)

RECOMMENDED: Ohm Therapeutic's most complete tool set for tuning fork applications to the physical body. Educational materials included are equivalent to an online class for learning the Foundations of Sound Healing with tuning forks.

#FOUNDATIONS \$289.00 UPC 855805-001420

SOUND HEALING FOUNDATIONS

WEB SPECIAL includes laminated charts.

#### MIDOHM

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#### MID OHM TUNING FORK #MID-OHM \$49.95 UPC 855805-001048

Package includes Mid Ohm Tuning Fork (136.1 hz) plus 4-panels of instructions with photos showing how to correctly hold, activate and apply tuning fork. Featured treatment applications include shoulder well (GB 21) and bottom of foot (KI 1).

Sound Healing

#### LOW OHM TUNING FORK #LOW-OHM \$64.95 UPC 855805-001055

Package includes Low Ohm Tuning Fork (68.05 hz) plus 4-panels of instructions, including photos demonstrating how to correctly hold, activate and apply tuning fork. Featured treatment applications include cranial-sacral, lower back/sacrum, and bottom of foot (KI 1).

Each package features illustrations, photos and instructions for use.

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### For the Physical Body

Vibrational healing enhances many treatment modalities. Apply Ohm Tuning Forks to accupressure, trigger and reflex points, the marma points of Ayurveda, and acu-points of TCM.



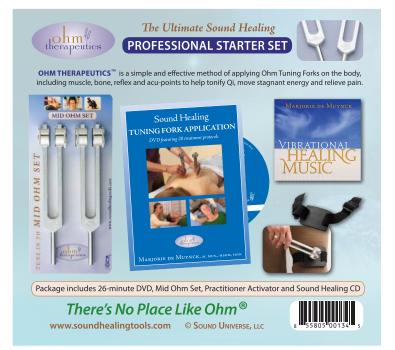
**RETAILERS:** Display with Instructional Chart for additional treatment applications.



#TF-CHART See page 10







#### **MID OHM KIT** #TUTO \$59.95 UPC 855805-001024

Introductory kit includes Ohm Tuning Fork (136.1 hz), latex-free Activator, plus five panels of instructions.

therapeutics

Reach for your Ohm Tuning Fork when you need a quick tune-up. Use on back of neck and shoulders to ease tension and soothe headache pain, and on jaw muscles to relax clenching. Vibration travels deeply in the body, making this an excellent tool to relieve symptoms of carpel tunnel and tennis elbow, among other inflammatory conditions.

The pure sine wave of an activated Ohm Tuning Fork also helps to focus the mind and assist in meditation. Use as a vocal aid when chanting to help attune your body to the mantra and seed syllable of OM/AUM.

#### OHM OCTAVE SET #OHM-OCT \$125.00 UPC 855805-001031

Set features Mid (136.1 hz) and Low Ohm (68.05 hz) Tuning Forks, latex-free Activator, plus four panels of instructions, including an overview of Sound Healing and easy to follow directions. Acu-points and anatomical placements are illustrated, for ease of use.

Use on tight muscles, reflex and trigger points to loosen stuck or rigid energy while opening the energetic pathways of the body. The Ohm Octave promotes movement. This helps clear blockages and dispel stagnant energy, while strengthening and nourishing the Qi.

#### PROFESSIONAL STARTER SET #PRO-SET \$165.00 UPC 855805-001345

Incorporate vibrational healing with tuning forks into your practice. Follow recommended protocol to help reduce stress and inflammation, ease joint pain, enhance the immune system, and stimulate the body's healing process.

**RECOMMENDED** for those seeking a fast track to begin using tuning forks in their professional practice.

Professional Starter Set includes Mid Ohm Set (136.1 hz ea.) plus detailed instructions and photos demonstrating use; Practitioner Activator; DVD: *Tuning Fork Application* (26 min); and Sound Healing CD.



### **Practitioner Tools**

Sound Healing helps reduce swelling and inflammation and speeds healing. Recommended for practitioners of TCM, Massage, Sport and Physical Therapists, and Spa Treatments.













## PRACTITIONER STARTER SET

#MID-SET \$98.00 UPC 855805-001185

Package includes two Mid Ohm Tuning Forks (136.1 hz ea.) plus 6-panel instructional packaging with photos, illustration and detailed instructions for use. Instructions feature Spinal Treatment (Hua Tuo Jia Ji Points).

Sound travels deeply in the body, accessing difficult-to-reach areas. Use to reduce inflammation and pain. Apply to tight muscles, joints, tendons, bones and tissue, and on reflex, trigger, and acu-points.

Two Mid Ohm Tuning Forks are considered the foundation tools in the Ohm Therapeutics system and are recommended for working bilaterally and distally on the body, and for doubling the healing resonance.

#### OSTEO<sup>™</sup> OHM #OSTEO \$69.95 UPC 855805 001154

Package includes Osteo Ohm Tuning Fork (34 hz) plus 4-panels of instructions, including photos demonstrating how to hold and activate.

Research indicates that low sound frequency (25-50 hz) helps to relieve pain and inflammation. Use to increase bone density and promote the healing of bone, muscles, tendons and ligaments. Osteo Ohm resonates with bone matrix and ancestral DNA/*Jing Qi*.

RECOMMENDED: Activate the Osteo Ohm by striking weighted end with Mallet Activator.

#### MALLET ACTIVATOR #MALLET \$35.00 UPC 855805-001147

Use Mallet to activate crystal bowls, singing bowls and Osteo Ohm Tuning Fork. The medium-hard latex core, wrapped with wool yarn, provides a strong and clear sustain with little noise from the strike or activation.

#### LUNA<sup>™</sup> SET #LUNA-SET \$120.00 UPC 855805-001222

The Luna Octave Set includes Mid and Low Luna Tuning Forks (210.42 hz & 105.21 hz) plus 4-panels of instructions.

It is widely accepted that the moon rules the water element. Our bodies are primarily water and naturally responsive to lunar influences. Because of this relationship, the Mid and Low Luna are excellent choices for treating conditions of fluid retention, sinus and lung congestion, arthritis and chronic joint pain.

### Practitioner Tools continued

Quality tools provide a lifetime of use. Ohm Therapeutics medical grade tuning forks are fully guaranteed.

### AC•TI•VATE: to set in motion



New Activator label includes photos and instructions for use. Display with all tuning forks.



#### **PRACTITIONER ACTIVATOR**

#PR-ACT \$45.00 UPC 855805 001093

Designed to fit comfortably around the leg, the Practitioner Activator is an indispensable tool for professional use, leaving both hands free for tuning fork application. Use to activate both weighted and un-weighted tuning forks.

Note: Pad is latex-free; stretch webbing contains small amount of latex.

Ohm Therapeutics tested the durometer of various materials to find the ideal balance of "hardness" and "give." If the material is too hard (e.g., hockey puck) the strike will produce an unpleasant noise and undue wear on tuning fork, as well as the hand and wrist. Too soft, and the activation is weak and sustain of vibration is compromised.

#### ACTIVATOR

#ACT \$18.00 UPC 855805 001062

Use Activator as a surface to strike the end of tuning fork to "activate" vibration.

Each Ohm Therapeutics Activator is made from a latex-free and lead-free virgin material that is virtually odorless, in consideration of the healing environment in which it is used.

Latex free • Lead free • Prop 65 safe

#### #ACT-LG-H \$20.00 UPC 855805-001451

Activator with center hole is guaranteed to hold any Ohm Therapeutics Tuning Fork. Use for tuning fork storage or display.

## therapeutics

#### MASSAGE THERAPIST TUNING FORK STARTER SET

Chair & Table Massage Applications, 20+ Photos and Medical Illustrations Apply Ohm Tuning Forks to muscle groups, trigger, reflex and acu-points to relax muscular tension, move stagnant energy and relieve pain.



There's No Place Like Ohm<sup>®</sup> soundhealingtools.com © Sound Universe, LLC



PACKAGE INCLUDES: • Mid Ohm Tuning Fork Set 136.10 hz each + detailed instructions for use • Tuning Fork Activator latex-free, Prop 65 safe • Instructional Chart 11 x 17; two-sided, laminated



#### 20+ Photographs and Medical Illustrations!



#### MASSAGE THERAPIST SET #THERA-SET \$125.00 UPC 855805-001413

Enrich your bodywork treatments with a new therapeutic dimension. Easy-to-learn tuning fork applications complement Table and Chair Massage: the back opens up readily for shoulder and spinal applications. Learn how to apply Ohm Tuning Forks to muscle groups, trigger, reflex and acu-points to relax tension, move stagnant energy, and relieve pain.

Benefits extend to the practitioner as well. Use to alleviate stress and fatigue to thumbs, forearms and wrists.



## For the Energetic Body

Use Ohm Tuning Forks to clear, balance and harmonize the Chakras. Learn application techniques to move disharmony and tension and attune the body's vital energy centers.



**RETAILERS: Display with Instructional** Chart for additional





The Sonic Ohm is a natural choice for resetting the intrinsic earth energy of crystals and gemstones.

#### **ENERGY PRACTITIONER SET HIGH OHM SET** #HI-OHM \$98.00 UPC 855805-001864

Package includes two High Ohm Tuning Forks (272.2 hz + 544.4 hz) plus 4-panels of instructions featuring photos and application techniques for the energetic body. Use to harmonize the body's vital energy centers/chakras.

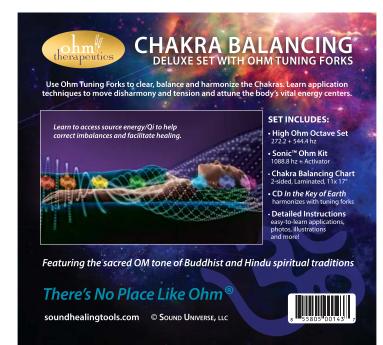
Activate High Ohm Tuning Forks to begin healing session, and at the end of a treatment to dispel negative resonance and facilitate the transition from a deeply relaxed to a more wakeful state.

#### **CRYSTAL TUNER** SONIC<sup>™</sup> OHM KIT #SONIC \$54.95

UPC 855805-001109

Package includes Sonic Ohm Tuning Fork (1088.8 hz), Activator, and 4-panels of instructions. Crystals not included.

Use Sonic Ohm to clear and dispel stagnant energy. and to help regulate to the body's energy centers. With a pleasing crystalline clarity, this higher expression Ohm is also an earth tone, with it's grounding and balancing properties.



#### **Chakra Balancing with Ohm Tuning Forks**



#### **CHAKRA BALANCING SET** #CHAKRA-DELUXE \$170.00 UPC 855805-001437

Sweep the energetic field around the body—also known as the biofield or subtle body-with High Ohm and Sonic Ohm Octaves to move and dispel stagnation, and promote a healthy and unobstructed flow of Qi.

Recommended for Chakra Balancing, Shamanic work, and to signal the beginning and/or the end of a meditation, ceremony or healing session.

## Chakra Balancing with Sound

### **Applications for the Energetic Body**



Detail from Chakra Balancing Chart included in Set

Experience the benefits of accessing source energy. Healers, Shamans and devotees of spiritual practices have long sought to access Qi/source energy to correct imbalances, awaken kundalini, and to facilitate the healing process. Learn how to use Ohm Tuning Forks to clear, balance and harmonize the Chakras. Photos and artwork demonstrate three application techniques to open the energetic pathways and promote an unobstructed flow of Qi. These effective tools help move disharmony and tension, clear unwanted resonance, and attune the body's Chakras/vital energy centers.

### 🕉 WHY OHM?

Ohm/OM is an essential symbol and vibratory experience in Hindu and Buddhist traditions, Ayurveda, Kundalini Yoga, and contemporary Sound Healing practices. The sacred sound and healing resonance of Ohm creates an Axis Mundi\*, a vibratory continuum, connecting the individual to Universal Qi.

#### Ohm connects us to vital life energy as it travels through the earth—into the heavens and back again —in a continuous eternal flow.

Ohm activates the natural current or Qi flowing through and around the body. At the center of the body's energetic matrix is the Microcosmic Orbit (shown to right) which travels along the midline of the front and back of the body. Heavenly Qi Earthly Qi

\*The Axis Mundi is a pervasive notion in the healing arts. Think of it as a cosmic pillar, ladder or bridge, connecting the earthly to the heavenly.





Sound Healing-Treating Others

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12

Sound Healing

Sound Healing for the Energetic Body

100

Chakra Balancing with Sound

**Energetic Body Applications** 

### **Tuning Fork Treatment Charts**

Explore these rich visual aids and instructive guides. Photos and illustrations show what tuning forks to apply and explain why each placement is benefical.





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**RETAILERS:** Easy to display. Charts fold to 8.5" x 11"



New Edition 2019. Two-sided chart demonstrates 14 useful applications for self- treatment, and for treating others using tuning forks. Each stylized photograph shows where tuning fork is placed on the body and explains why each placement is beneficial.

Other helpful illustrations show how to correctly hold and how to activate a tuning fork. Explore this popular laminated "how to" guide for using tuning forks at home or in your professional practice.

Two-sided chart measures 11" x 17".

ISBN 978-0-989-41275-9 / UPC 855805-001017

#### **CHAKRA BALANCING CHART**

#### #TF-CHAKRA \$20.00

Use Ohm Tuning Forks to clear, balance and harmonize Chakras. Photos and artwork demonstrate three application techniques to move disharmony and tension, clear unwanted resonance, and attune the body's vital energy centers.

Learn why Ohm is considered the Axis Mundi of Sound<sup>™</sup> in the Ohm Therapeutics sound healing system, where Ohm is a vibratory continuum, connecting the individual to Universal Qi.

Two-sided chart measures 11" x 17".

ISBN 978-0-989-41279-7 / UPC 855805-001390

#### MASSAGE THERAPIST CHART #TF-MASSAGE \$20.00

Easy-to-learn tuning fork applications complement both Table and Chair Massage. Learn how to apply Ohm Tuning Forks to muscle groups, trigger, reflex and acu-points to relax muscular tension, move stagnant energy, and relieve pain.

A quick reference, this two-sided chart is a rich visual aid and instructive guide. Photos and medical illustrations show what tuning forks to apply, anatomical placement, and explain why each placement is beneficial.

ISBN 978-1-733-5408-0-3 / UPC 855805-001406



#### TREATMENT CHART COMBO PACKS

#TF-3-CHART \$36.00 UPC 855805-001475

#TF-9-CHART \$130.00 UPC 855805-001482

#### Three charts for the price of two!

These quick-reference tuning fork treatment guides are great visual aids in your treatment space, suggesting tuning fork placement and application techniques.

Resellers and educators, contact us regarding wholesale pricing.

## Instructional Manual + DVD



*Featuring 25 illustrated treatment protocols utilizing acu-points and anatomical placement. Learn tuning fork technique, pace of application, proper body mechanics, and more!* 

SECOND EDITION



#### **DVD: TUNING FORK APPLICATION** #DVD \$29.95

DVD features illustrated instructions and video tutorials for twenty treatment applications. Learn tuning fork technique, pace of application, body mechanics and application methods for both physical and energetic body.

ISBN: 978-0-989-41271-1 (NTSC) ISBN: 978-0-989-41272-8 (PAL)

#### SOUND HEALING MANUAL

#### #BK-DVD \$59.95

Manual and DVD feature illustrated instructions and video tutorials for both the physical and energetic body.

#### Manual features:

- A treatise and exploration on the healing aspects of vibration, sound & music
- 25 illustrated treatment protocols for Treating Others and Self Treatment

#### **DVD demonstrates:**

- Tuning Fork TechniquePace of Application and Body Mechanics
- Tuning Fork Application Methods (for physical and energetic body)
- 20 Protocols for Treating Others, utilizing acu-points and anatomical placements
- How to include Singing and Crystal Bowls in a Sound Healing session

ISBN: 978-0-989-41276-6 (NTSC) ISBN: 978-0-989-41277-3 (PAL) ISBN: 978-0-989-41278-0 (E-BOOK)

**NOTE:** DVD is the same content as companion DVD to Sound Healing: Vibrational Healing with Ohm Tuning Forks Instructional Manual.

## The following treatments are illustrated in Instructional Manual and demonstrated in companion video/DVD.

- 1 Listen
- 2 Spinal Treatment (Hua Tuo Jia Ji points)
- 3 Back of Head (Heavenly Pillar UB 10)
- 4 Lower Back (Sacrum)
- 5 Back of Head + Lower Back
- 6 Between Shoulder Blades (Rhomboid Muscles)
- 7 Shoulder Blades (Heavenly Gathering SI 11)
- 8 Back of Legs (Hamstrings and Calf Muscles)
- 9 Bottom of Foot (Bubbling Spring Ki 1)
- 10 Upper Chest (Central Treasury Lu 1)
- 11 Low Abdomen (Sea of Chi Ren 6)
- 12 Sternum (Primordial Child Ren 17)
- 13 Sternum + Low Abdomen (Ren 17 and Ren 6)
- 14 Top of Shoulder (Shoulder Well GB 21)
- 15 Jaw (Mandible Wheel St 6)
- 16 Eyebrow (Gathering Bamboo UB 2)
- 17 Eye Region (Fresh Innocent Eyes GB 1)
- 18 Top of Foot (Stream Divide St 41)
- 19 Top + Bottom of Foot (St 41 and Ki 1)
- 20 Energetic Field around Body (Microcosmic Orbit)



## Sound Healing CDs

These timeless recordings are Sound Healing classics you'll want to add to your music library. If music came with a 100% organic label, these recordings would have it!

#### **BESTSELLER!**

Baby • Amazon.com

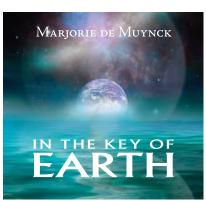
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Alos available as Digital Downloads: iTunes •





Marjorie de Muynck VIBRATIONAL HEALING MUSIC



Each Collector's Edition recording includes an 8-16 page booklet featuring a statement from the artist plus notes from the publisher about Ohm, from its Vedic roots to its contemporary use as a sound healing frequency.

#### REMIX WITH EXTENDED PLAY THERE'S NO PLACE LIKE OHM

#CD-OHM \$17.95 UPC 766433 555554

There's No Place Like Ohm is Musical Medicine; it is immediately relaxing, a beautiful Sound Odyssey that allows you to resonate and journey with the Ohm tone like never before. Many chant the Ohm mantra, however, this CD was created without human voice, in the musical *key of Ohm* and focuses instead on the voices heard in nature through wind instruments and animals sounding. Running Time: 60:10

Featured Instruments: Armenian duduk, Native American flute, didgeridoo, banjo, guitar and clarinet. Animal voices include whales, frogs, crickets and birds.

#### PUBLISHER'S FAVORITE! THERE'S NO PLACE LIKE OHM, VOL. 2

#CD-OHM2 \$17.95 UPC 783707146904

In Vol. 2, de Muynck further explores Ohm – an ancient tuning known for its calming effect. Resonating with the earth tone of Ohm is grounding, centering and energizing; it creates a feeling of spaciousness in your body and psyche, releasing stress and tension. Running Time: 55:29

**Featured Instruments:** Native American flute, African kora, Middle Eastern oud, didgeridoo, clarinet, harmonica, Ohm Tuning Forks. Animal voices include Orca and Blue Whale, dove, and crickets.

#### **VIBRATIONAL HEALING MUSIC**

#### #CD-VIB \$17.95 UPC 600835132923

In this recording de Muynck takes us to a blooming field on a mid-summer's eve. The warm drone of honeybees along with the syncopated rhythms of crickets and cicadas create a circular, timeless quality of a world in harmony. Running Time: 60:21

**Featured Instruments:** Harmonica, dobro, pedal steel guitar. Animal (and plant) voices include crickets, cicadas, honeybees, ruby-throated hummingbird, fruit bat, baby crows, and barrel cactus.

#### IN THE KEY OF EARTH

#### #CD-KEY \$17.95 UPC 600835118620

A deeply meditative interpretation of our planet as a living organism, with its pulse, breath, rhythms and cycles. *In the Key of Earth* is my interpretation of the primordial, says de Muynck, when the sounds and harmonics of creation became musical. Running Time: 59:57

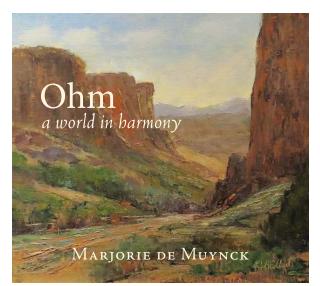
Featured Instruments: Bass, vocals, trumpet, baritone sax, Native American flute, Brazilian berimbau, Ohm Tuning Forks (four octaves), Ohm Crystal Bowl.

Known for its calming and balancing effect, the ancient tuning of Ohm is based on sounds heard in nature, rhythms of the earth and the movement of the cosmos.

## Ohm—A World in Harmony







OHM—A WORLD IN HARMONY #CD-DRONE \$15.00 UPC 855805-001383

This recording features the Ohm drone, a continuous tone that is transporting and deeply relaxing. According to de Muynck, a drone holds sacred ground throughout a musical journey.

There is a spiritual purity to Ohm, and the drone presented here is rich with overtones and harmonics that are uplifting—even joyous.

Experience the elliptical and vibrational nature of this unique recording. Sounds from nature and acoustic instruments blend to create a sustained tone that is both nuanced and mesmerizing.

Running time: 59:19



Subtle and elusive, harmonics emerge with a delicacy of movement that is deeply and quietly relaxing.

### **Deluxe Collector's Edition**



Resonate with these tones of the earth and tension dissolves into spaciousness and peace.

—EAST WEST BOOKS, LEE STARKEY



**ABOUT THE ARTIST** 

Marjorie de Muynck (1952-2011), pronounced *de Monk*, was a multiinstrumentalist, composer and author of two textbooks on the subject of Sound Healing.

De Muynck pioneered Sound Healing recordings in the key of Ohm—an alternative tuning not found on the piano keyboard. Her innovative works continue to inspire other musicians and healthcare practitioners, as they explore the healing resonance of a tone associated with the earth.

#### DELUXE COLLECTOR'S EDITION! SOUND HEALING MUSIC #CD-SET \$49.95

UPC 855805-001338



Each Collector's Edition recording includes an 8-16 page booklet featuring artist statement plus publisher notes about Ohm, from its Vedic roots to its contemporary use as a sound healing frequency.

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## APPLICATIONS

### Yoga • Ayurveda • Spa



therapeutics





Photos taken at Body of Santa Fe, a health and wellness center located in Santa fe, New Mexico.

Central to many yoga traditions, Ohm/OM is an ancient and sacred tone celebrated by cultures throughout the world for its healing properties.

To resonate with Ohm is to unite with the life-supporting energy of the earth. This positively affects our biological rhythms and circadian clock. Through sympathetic resonance, we begin to sync and entrain with natural cycles. Align with these earth rhythms and the healing power of Nature to ground, balance and center.

"The healing sound Ohm is universal sound, cosmic sound, and it is soundless sound. Ohm opens the doors of perception of inner healing.

Use Ohm Tuning Fork on specific marma points to open the inner pathways of healing.

We carry our genetic code, our prakruti (constitution), in the DNA. This Ohm sound balances the DNA (the doshas) because the DNA recognizes this sound and unfolds inner cellular healing."

> ~ VASANT LAD B.A.M.&S., M.A.SC., AYURVEDIC PHYSICIAN Founder of the the Ayurvedic Institute

Apply Ohm Tuning Forks to relax tight muscles and to extend and lengthen yoga pose. When a muscle is pulled or strained, the applied vibration from activated tuning fork helps reduce stress and inflammation, diminishes swelling, and helps speed recovery. Use to relax tension, alleviate pain and energize tired muscles.

Listen to the pure sound of Ohm to free the mind when meditating, and as a vocal aid when chanting. Harmonize and resonate to the vibrational frequency of the mantra and seed syllable of OM.

#### **RECOMMENDED:**

**MID OHM TUNING FORK KIT AND SOUND HEALING MUSIC** Play CD *Ohm—A World in Harmony* to establish a connection with OM. This beautiful Ohm drone stills distraction and quiets the mind.



### **There's No Place Like OM®** where Sound Healing meets **O**riental **M**edicine

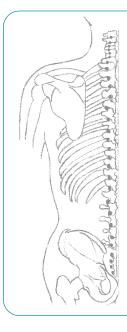
### Acupuncture



**Recommended for needle sensitive patients and children.** The body is an excellent conductor and resonator of sound. Vibratory tones travel the body's landscape to remove blockages, alleviate stasis and pain, and increase the flow of vital energy. Applied vibration complements traditional needling techniques to access Qi and the body's meridian system. Tuning Fork applications prepare and relax the body for an acupuncture treatment, and can be used in conjunction with needles.

Tuning forks are lightweight and portable, and the vibration produced is not dependent upon

a source of electricity. For those sensitive to electro-magnetic frequency and radiation (EMFs and EMRs), tuning forks provide an effective treatment solution.



#### SPINAL TREATMENT\* HUA TUO JIA JI POINTS

The spine is our axis mundi, with nerve centers that correspond to the body's internal organs. Apply two activated Mid Ohm Tuning Forks bilaterally next to the spine, between each vertebra, to energize the internal organ system and neural pathways. Activating the *Hua Tuo Jia Ji* points harmonizes the entire *Zang-Fu* (organ) and meridian system.

\*Spinal treatment is one of 25 treatment protocols presented in *Sound Healing: Vibrational Healing with Ohm Tuning Forks*  "Ohm Tuning Forks are an essential part of my acupuncture treatments. I use them to stimulate all points needled during the treatment, and to tonify adrenal glands along kidney channel, and to boost the immune system along the spleen and stomach channels.

I have treated the following with great success: ganglion cysts, arthritic toes and hands, as well as neuromas and neuropathy related foot pain."

~ MARGIE PAROLISI, PHD, NCCAOM CERTIFIED PRACTITIONER OF ORIENTAL MEDICINE

#### **RECOMMENDED:**

**SOUND HEALING FOUNDATIONS** Akin to a home study course or online class, with Instructional Manual and video treatment tutorials, the Foundations bundle is Ohm Therapeutics most complete set for physical body applications.

**PROFESSIONAL STARTER SET** For those seeking a fast track, try Professional Starter Set. This bundle provides the basics, and you can add more as you go. Photos and medical illustrations feature acu-points and anatomical placements, show what tuning forks to apply, and explain why each placement is beneficial.

## Massage Therapy • Sound On Site™



ohm<sup>1</sup>/ therapeutics

**APPLICATIONS** 

Facial Application: Mid Ohm Unison



Inside Shoulder Blade: Mid Ohm Unison

#### **EXPAND YOUR TREATMENT OPTIONS!**

Learn how to apply Ohm Tuning Forks to muscle groups, trigger, reflex and acu-points to relax muscular tension, move stagnant energy, and relieve pain. Easy-to-learn tuning fork applications complement Table and Chair Massage. The back opens readily for tuning fork applications along the spine. Bilaterally treat spinal points or use distal application for a cranial-sacral treatment.

Provide immediate relief for common conditions including tight neck and shoulders. Use Mid Ohm Unison to relieve clenching and symptoms of TMJ. Application to masseter muscle relaxes jaw area and helps relieve tension and headaches. Application to recommended spinal points helps restore Qi and blood flow and relaxes musculature of back. This helps to adjust vertebra, and collectively, balances the nervous system.

Benefits extend to Therapist as well. Use tuning forks to alleviate stress and fatigue to thumbs, fingers, forearms and wrists. To relieve tightness and increase circulation, use tuning forks as you would other manual tools (e.g., thumbsavers, trigger point tools, stones).

A tuning fork has the added benefit of imparting vibration. Sound travels deeply in the body, accessing hard to reach areas. Use to reduce swelling and inflammation, and facilitate the healing process.

**RECOMMENDED:** MASSAGE THERAPIST STARTER SET

"Integrating the use of tuning forks into your massage session can help clients reach a deep state of relaxation. I used two Mid Ohm Tuning Forks symmetrically on acupressure points to move stagnant energy and relieve joint pain in combination with de Muynck's CD, 'There's No Place like Ohm,' and found them beautifully effective." ~ MASSAGE THERAPY JOURNAL





### **Veterinary Applications**

Apply an activated tuning fork to muscle groups, trigger and acu-points to help relax animals during an examination. The therapeutic application of frequency quickly eases tension in a treatment setting.

Use Ohm Tuning Fork to help reduce inflammation and stasis, and to strengthen and increase mobility. This portable instrument is a beneficial tool in the treatment of musculoskeletal injuries. Frequencies between 25-150 hz are known to aid in bone growth and fracture healing. Plus DVMs can demonstrate simple treatment applications so the pet owner can contribute to the healing process at home.



Dr. Grant Hebel treating Daisy



**RECOMMENDED: MID OHM TUNING FORK KIT** for DVMs, Vet Technicians, and pet owners. Easy to use, portable and lightweight. Apply to the spinal points to relax tension and facilitate chiropractic adjustments. Applied vibration complements acupuncture treatments for relieving pain and is an effective alternative for animals with needle sensitivities.

**REQUEST INFORMATIONAL PDF WITH PURCHASE:** Introduction to Ohm Therapeutics and the Application of Frequency for Feline, Canine and Equine use.

#### **BENEFITS**

- Reduces swelling and inflammation
- Promotes healing of strained muscles, tendons, and ligaments
- Relieves bone and joint pain
- Relaxes adrenals, relieves stress, and equilibrates whole body
- Improves circulation and facilitates healing

#### **TESTIMONIAL** Five Elements Veterinary Alternatives

Recently, I had a very rewarding tuning fork experience with a highly reactive German Shepherd with a history of becoming aggressive during procedures. That day, we needed to do a chiropractic adjustment on him and draw blood. First, I began by using the Ohm Tuning Fork on his sacrum, and gradually worked up his spine along the Hua Tuo Jia Ji points. A few minutes of applied vibration melted him into a puddle—he laid on his side with his head in the owner's lap breathing calmly. After that, he allowed me to do a chiropractic adjustment without any problem.

We are now using the Mid Ohm Tuning Fork for relaxation and to treat neck, back and arthritis pain, and behavioral problems with great success in dogs, cats and a few zoo animals.



Dr. Jen Hebel treating Bentley

#### 

### **Applications for Hikers and Sport Therapy**



To generate energy and go that extra mile, apply Mid Ohm Tuning Fork to acu-point ST 36.

Stomach 36 (ST 36) is an Earth Point. Stimulate this point to help connect you with the earth's energy. Ancient Chinese physicians considered this acupressure point to be one of the most vital on your body.

# Use to move stasis and ease tight or cramping muscles.

Where there is stomach energy there is life. The translation of the Chinese word for Stomach 36 is Zusanli; "li" figuratively means distance or mile, suggesting that stimulating this point helps provide the ability to go the distance or walk the extra mile.

### Where there is stomach energy—there is life.

HOW TO APPLY TUNING FORK TO ST 36\* ST 36 is located below your knee, between the tibia (larger leg bone directly in front) and fibula (smaller leg bone to the outside of the tibia). Place your middle or index finger between these two bones about mid leg and travel up until you find resistance. This point is just below where the bones meet. Massage this area until you find tenderness. You might feel a little pinpoint pain. This is ST 36.

Place the well activated Ohm Tuning Fork on this point, applying a fair amount of pressure. You should really feel the vibration. Re-activate the tuning fork when the vibration dampens, and re-apply fork to ST 36 several times, or as often as it feels satisfying.

\*Treatment excerpted from Instructional Manual, Sound Healing: Vibrational Healing with Ohm Tuning Forks



# Go the Extra Mile!



### Contact

Sound Universe, LLC Santa Fe, New Mexico USA Tel. USA: 505-455-7556

Email: info@soundhealingtools.com

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**EDUCATION** 

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therapeutics



## Add Vibrational Healing/Ohm Therapeutics to your menu of treatment options. Ohm Therapeutics offers a

full line of professional and self-care tools. Each package features illustrations, photos and instructions for use.



Explore our educational materials (Book, DVD, Charts), tools and audio CDs. Vibrational healing complements many modalities. **Consider cross listing items under various departments.** For example, Massage Tools, Self-Care tools, Physical and Sport Therapy, Rehab tools, etc. For Energetic Body Practitioners, Ayurveda, Yoga, Reiki, Chakra Balancing and Sound Healing are descriptive menu options. **Popular key words:** Ohm Tuning Forks, Vibrational Healing, Energy Healing, Chakra Balancing.

### **DISCOUNT LEVELS**

**30% PRACTITIONER DISCOUNT**—Minimum wholesale opening order \$350 to establish discount.

**Practitioners, supplement your income by becoming a reseller. Ohm Therapeutics offers several products specifically for self-care and home use.** Consider these items for resale: Mid Ohm Kit, Ohm Octave Set, Intro to Sound Healing Set, Tuning Fork Primer instructional Chart, and Sound Healing Music.

**40% VENDOR DISCOUNT** (e.g., Retailers, On-Line Vendors)—Minimum wholesale opening order \$750 to establish discount.

**50% VENDOR DISCOUNT** (e.g., Medical Suppliers, Colleges, Healing Centers)—Minimum wholesale opening order \$1500 to establish discount.

**55% DISTRIBUTOR DISCOUNT** (e.g., Mind, Body, Spirit Distributors, TCM and Massage equipment & supplies; Media Distributors)—Please enquire.

RE-ORDERS can be any size and will honor discount established in opening order.

New Vendor Contact Form

### Ohm Therapeutics ~ Quality Sound Healing Tools since 2003



### SOUND UNIVERSE, LLC ORDER FORM WORKSHEET

info@soundhealingtools.com · tel: 505-455-7556

ITEM#	PRODUCT DESCRIPTION	PRICE	QTY
	TUNING FORK PRODUCTS		
#MID-OHM	Mid Ohm Tuning Fork (136.1 hz)	\$49.95	
#TUTO	Mid Ohm Tuning Fork Kit (1 Mid Ohm Tuning Fork + Activator)	\$59.95	
#MID-SET	Mid Ohm Set (2 Mid Ohm Tuning Forks)	\$98.00	
#LOW-OHM	Low Ohm Tuning Fork (68.05 hz)	\$64.95	
#OHM-OCT	Ohm Octave Set (1 Mid Ohm, 1 Low Ohm, Activator)	\$125.00	
#OSTEO	Osteo™ Ohm Tuning Fork (34 hz)	\$69.95	
#HI-OHM	High Ohm Octave Set (272.2 hz + 544.4 hz)	\$98.00	
#SONIC	Sonic™ Ohm Tuning Fork Kit (1088.8 hz + Activator)	\$54.95	
#CDTF	Intro Sound Healing Set (CD-OHM + Mid Ohm Tuning Fork + Activator)	\$69.95	
#LUNA-SET	Luna™ Set (210.42 hz + 105.21 hz)	\$120.00	
#ACT	Tuning Fork Activator (latex-free)	\$18.00	
#ACT-LG-H	Tuning Fork Activator with center hole (latex-free)	\$20.00	
#PR-ACT	Practitioner Activator	\$45.00	
#MALLET	Mallet Activator	\$35.00	
#PRO-SET	Professional Starter Set (Mid Ohm Set, PR-ACT, CD-VIB, DVD)	\$165.00	
#DELUXE CHAKRA	Chakra Balancing Set (High Ohm Set, Sonic Ohm Kit, Chakra Chart, ACT, CD-KEY)	\$170.00	
#FOUNDATIONS	Sound Healing Foundations Set WEB SPECIAL ONLY	\$289.00	
#THERA-SET	Massage Therapist Starter Set (Mid-Set, ACT, Massage Therapy Chart)	\$125.00	
	BOOK • DVD • CHARTS	·	
#BK-DVD	Sound Healing: Vibrational Healing with Ohm Tuning Forks Book + DVD	\$59.95	
#DVD	Sound Healing: Tuning Fork Application DVD (NTSC and PAL)	\$19.95	
#TF-CHART	Sound Healing Chart, Tuning Fork Primer (laminated, 2-sided)	\$18.00	
#TF-CHAKRA	Chakra Balancing Chart (laminated, 2-sided)	\$18.00	
#TF-MASSAGE	Massage Therapy Chart (laminated, 2-sided)	\$18.00	
#TF-3-CHART	Treatment Chart Combo 3-Pack	\$36.00	
#TF-9-CHART	Treatment Chart Combo 9-Pack	\$130.00	
	AUDIO CDS		
#CD-DRONE	CD Ohm – A World in Harmony	\$15.00	
#CD-OHM	CD There's No Place Like Ohm	\$17.95	
#CD-OHM2	CD There's No Place Like Ohm Vol 2	\$17.95	
#CD-KEY	CD In the Key of Earth	\$17.95	
#CD-VIB	CD Vibrational Healing Music	\$17.95	
#CD-SET	CD Sound Healing Collector's Edition, Set of 4	\$49.95	

Pricing and information are subject to change without notice. Please keep current by contacting our website or emailing a request for current price list.

All orders will ship FedEx or US Mail, unless other arrangements are made. Depending on location, please allow delivery within 7-10 days. Returns or Exchanges: Any product may be exchanged or returned for a full refund as long as the item is returned within 30 days of purchase in its original condition. Wholesale returns may be subject to a 10% restocking fee.



Ohm is said to be the original sound of the Universe, from which all other sound emanates. This primordial vibration, with all its beautiful overtones, is the "music of our sphere" planet Earth.

parjonie de Muynek

Marjorie de Muynck, m.mus., msom, hon. Creator of Ohm Therapeutics

### There's No Place Like Ohm®

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