

Sound Healing Music from Lemniscate Music



There's No Place Like Ohm Vol. 2 Journey with Ohm for a transformational Sound Healing experience. Immerse yourself in the hypnotic drone and vibratory resonance of this healing earth tone. **Publisher's favorite.** Features African kora, Middle Eastern oud, didgeridoo, clarinet, harmonica.



In the Key of Earth is symphonic and inspirational, evoking the macrocosm and forces of creation. It celebrates our planet as a living organism, with its pulse, breath, rhythms and cycles. Features bass, baritone sax, Native American flute, berimbau, Ohm tuning forks, crystal bowl, vocals, trumpet.



Iemniscate **Smusic**

Vibrational Healing Music Experience the sound wave of a world in harmony with the wider cosmos. Find yourself transported as your vibrational being harmonizes with life-affirming frequencies of the Earth. Features harmonica, dobro, pedal steel guitar.

Available in **digital download** or order **CDs with liner notes** to learn more about Sound Healing music.

www.soundhealingCDs.com

THERE'S NO PLACE LIKE OHM Marjorie de Muynck



Remixed, Remastered & Expanded Play

CREDITS

Marjorie de Muynck: didgeridoo, Armenian duduk, Native American flute, harmonica, clarinet

Orville Johnson: banjo and guitar

Composed and Conceptualized by: Marjorie de Muynck

Sound Design: Marjorie de Muynck, Will Dowd

Animal Voices: whales, frogs, crickets, birds

Cover Art: Iskra Design

Recorded and mixed at Spikehaus; mastered at RFI, Seattle, WA, 2003. Remixed and remastered by Dick Orr, John Wagner Studios, Albuquerque, NM, 2008. © 2003 Marjorie de Muynck, ASCAP © 2003 Lemniscate Music, Remix 2008, ASCAP

A Special thanks to our beautiful Earth and to all the animals in this recording.

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The woman with musical staff in the shape of a lemniscate (lem·nis·cate) or figure 8 shaped curve, represents the octave and infinity. Many thanks to Gail Geltnor for her original artwork used as the logo for the recording label Lemniscate Music.

he music on this CD is a celebration of the Ohm **L** vibration present throughout nature. *There's No* Place Like Obm is a prayer for the healing of the Earth and its inhabitants. As you listen, journey on the continuous wave of Ohm as it interweaves with wind instruments and animals sounding: from the heralding of the Armenian duduk to the whisper of the Native American flute and haunting voice of the didgeridoo. From the whale's melodic song to the rhythms produced by frogs and crickets, all are elemental voices intrinsic to Mother Earth.

> — Marjorie de Muynck Composer of pioneering works in the key of Ohm™

Healing Resonance of Ohm

I n the late 1990's, my Sound Healing students, knowing that I was a musician, asked if I would compose a CD that they could use while giving treatments that would harmonize with the Ohm Tuning Forks. From this request, the idea was born to create a recording that would musically explore the healing resonance of Ohm. By this time I had already observed that the Ohm frequency was clinically shown to have a calming and therapeutic effect.

While recording *There's No Place Like Ohm*, my intention was to combine world instruments to create a recording that would blend sounds from the Middle East and North America. The Armenian duduk is a double reeded instrument made from apricot wood. It produces a rare sound and is traditionally played with a drone. The didgeridoo from Australia, Native American flute and harmonica joined the mix as well. Our country was at war, and the other motivation for making this recording was to bring together instruments from the Middle East and North America, to create a harmonious dialogue through music. Fellow musician Orville Johnson tuned his banjo, an ancestor of the Sitar, to Ohm and we were on our way. Rhythm instruments were intentionally omitted to better express the rhythms of the natural world through the composition and drone. While layering the Ohm drone with acoustic sounds, different octaves were used to develop an undulating wave that would be continuous and sustain throughout the recording.

The wave of Ohm present in this recording is based on the measured frequency of the elliptical orbit of the Earth as it travels around the Sun through four seasons. This is why Ohm is considered our Musical Center of Gravity; it is centering, grounding and softly energizing. The ancients have long known of the healing properties of Ohm.

Marjonie de Muynek

- Marjorie de Muynck, Composer (pronounced "de Monk")

There's No Place Like Ohm®



About Ohm

Early Origins

The Sanskrit symbol representing Ohm is ancient and sacred. In Hindu cosmology, it is thought to be the primordial sound of the Universe. In Vedic scripture the Mandukya Upanishad is devoted almost entirely to this mystical syllable.

Calculated Frequency

Astronomer Johannes Kepler discovered in the seventeenth century that planets travel on elliptical orbits. This provided the basis for the modern calculation of planetary orbits and their associated musical tones or frequencies. Hans Cousto, a twentieth century Swiss scientist and mathematician calculated the elliptical orbit of the Earth as it travels around the Sun through four seasons, and found this tone to be the same Ohm as the ancients once intuited. The frequency associated with Ohm, raised approximately 32 octaves to be audible for human hearing, is 136.1 hz.*

Today, many recognize the Sanskrit Om symbol and the Mantra A-u-m, as well as the geometrical Sri Yantra – a visual representation of the creative force of the Universe. Through sight, sound and vibration, each sensory experience provides a means to resonate with Ohm.

Our Musical Center

In the realm of music, composer de Muynck proposes that Ohm is our musical center and may be the fundamental tone from which ancient and contemporary musical scales and their intervallic systems evolved. Ohm exists in the harmonically

*ALPHA STATE: The Ohm frequency also exists in the hz range known to facilitate relaxation, calm and meditative states known as Alpha (8-12 hz); a lower octave of Ohm being 8.5 hz.

rich valley between the notes of C and C sharp – a cosmic tuning that predates keyboard or modern Western music.

Sound Healing

Through music composed in the *key of Ohm*, de Muynck bridges this ancient tuning with contemporary Sound Healing practices, featuring bowls, tuning forks, field recordings and an eclectic range of indigenous and world instruments.

Each of Marjorie de Muynck's musical compositions celebrates the Earth as a living organism. Her musical exploration of Ohm is compelling; as her friend and publisher for the last decade of her life, it is my hope that her influential works will continue to be discovered, and impart their healing resonance for many years to come.

- Linda Marie Waller, Publisher, 2013, Santa Fe, New Mexico



OM is also spelled Aum and Ohm. Traditionally, the "O" represents birth or beginning and "M" signifies completion. The added "h" in the contemporary spelling of Ohm adds a visual axis mundi, connecting spirit and matter.

Popularized by early Sound Healing pioneers, the O-h-m spelling introduces the element of air or breath, vital to life and the healing process. The addition of this spelling in today's lexicon speaks to the ongoing evolution and dynamic nature of this timeless and iconic symbol and mantra.

About the Artist

Marjorie de Muynck, M.Mus., MSOM, Hon.

Marjorie de Muynck (1952-2011) was a multi-instrumentalist, composer and author of two textbooks on the subject of Sound Healing. In addition, she pioneered four Sound Healing compositions in the *key of Ohm*—an alternative tuning not found on the piano keyboard.

Aways seeking new ways to experience music, sound and vibration, de Muynck creatively synthesized information from a diverse range of disciplines. Her enthusiasm and passion for music, integrated medicine, and the therapeutic



potential of sound continue to inspire many who listen to her recordings and read her works.

An eclectic mix of experience as a musician and composer, educator and healing arts practitioner, combined with a scientific understanding of sound and vibration, led de Muynck to create *Ohm Therapeutics*TM, a comprehensive Vibrational Sound Healing system. *Ohm Therapeutics* features the application of Tuning Forks, Crystal and

Tibetan singing bowls, plus Music in the cosmic tuning of Ohm—a frequency known for its relaxing/healing effect.

In the mid nineties, de Muynck developed a musical and vibratory experience called *Harmonic Attunement*® which incorporates the use of cosmically tuned symphonic gongs, tuning forks, didgeridoos, rattles, Tibetan bowls and bells. A pioneer in the field of Vibrational Sound Healing, de Muynck developed two comprehensive healing systems *(Acutonics and Ohm Therapeutics)* based on the work of astronomer Johannes Kepler, and Swiss scientist and astronomer Hans Cousto.

Kepler realized in the seventeenth century that planets have elliptical orbits. This provided basis for the modern calculation of planetary orbits and their associated musical tones or frequencies. This harmonic concept *(Musica universalis)* in combination with basic tenets of Oriental Medicine, which focus on the body's meridian system and acu-points indicated for healing, provide the foundation for each of these Vibrational healing systems.

Listening to the earth tone of Ohm connects us to something natural, sacred and familiar

To learn more please visit www.soundhealingCDs.com